

THE BOY WHO WAS RAISED AS A DOG

AND OTHER STORIES FROM A
CHILD PSYCHIATRIST'S NOTEBOOK



*What Traumatized Children
Can Teach Us About
Loss, Love and Healing*

BRUCE D. PERRY, M.D., Ph.D.
and MAIA SZALAVITZ

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THE BOY WHO WAS RAISED AS A DOG

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What Traumatized Children Can Teach Us About Loss, Love, and Healing

Bruce D. Perry, M.D., Ph.D. and Maia Szalavitz

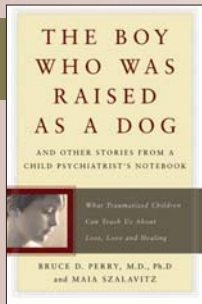
A world-renowned child psychiatrist takes us inside his pioneering work with trauma victims to offer a groundbreaking new perspective on how stress and violence affect children's brains—and how they can be helped to heal

What happens when a young brain is traumatized? Child psychiatrist Bruce Perry has helped children faced with unimaginable horror, and in *The Boy Who Was Raised as a Dog*, he tells their stories of trauma and transformation through the lens of science, revealing the brain's astonishing capacity for healing. Deftly combining unforgettable case histories with his own compassionate, insightful strategies for rehabilitation, Dr. Perry explains what exactly happens to the brain when a child is exposed to extreme stress—and reveals the unexpected measures that can be taken to ease a child's pain and help him grow into a healthy adult. Through the stories of children who recover from the most devastating circumstances, Perry shows how simple things like surroundings, affection, language, and touch can deeply impact the developing brain, for better or for worse. This informed and moving book dramatically demonstrates that only when we understand the science of the mind can we hope to heal the spirit of even the most wounded child.

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“Dr. Perry is both a world-class creative scientist and a compassionate therapist. His account of his professional experiences is fascinating and upbeat. And many of the stories he and Szalavitz tell have surprisingly happy endings.”

—**Mary Pipher, Ph.D.**, author of *Reviving Ophelia* and *Letters to a Young Therapist*

BRUCE PERRY, M.D., PH.D., is the founder of the Child Trauma Academy in Houston, Texas, and serves as an advisor to the FBI. He lives in Houston, Texas, and Alberta, Canada.

MAIA SZALAVITZ is an award-winning journalist who specializes in science and health. She is the author of *Help at Any Cost: How the Troubled-Teen Industry Cons Parents and Hurts Kids*, and, with Joseph Volpicelli, M.D., Ph.D., of *Recovery Options*. She lives in New York City.

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